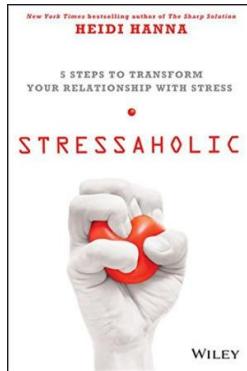


## Stressaholic: 5 Steps to Transform Your Relationship with Stress



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