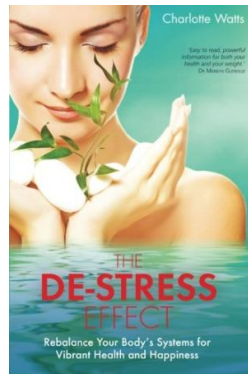


## The De-Stress Effect: Rebalance Your Body's Systems for Vibrant Health and Happiness



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